

## REIKI

Reiki is an ancient healing art. It means "Universal Life Force Energy". The Reiki therapist works with the energy, allowing it to flow into areas of the body that are in need. When Reiki is applied it brings about deep relaxation and a sense of well-being Reiki heals pain on the physical and emotional level. It also heals patterns that lead to pain sometimes without us knowing it or being able to put it into words.

Reiki heals the body and emotions, bringing them into balance and promoting health, happiness, prosperity and long life. It is one of the greatest gifts that you can give yourself.

Reiki is compatible with other healing modalities such as traditional medicine, chiropractic, massage therapy, holistic medicine, psychotherapy, etc.

## REIKI TRAINING IS AVAILABLE ON AN INDIVIDUAL BASIS

**Reiki 1-** Learn how Reiki can change your life through: \$100

- Bringing about a deep relaxation state of mind to allow the mind and body to 'still' itself.
- Dissolve energy blocks.
- Detoxify the body.
- Increase the vibrational frequency of the body for enhanced health.
- Help you to become more understanding and accepting.
- Increases self-healing abilities.

**Reiki 2-** Expand upon Reiki 1 and self-healing into working with others. \$200

**Reiki Master/Teacher-** After much practice on yourself and others, the RMT program is designed to prepare you to teach and 'master' your practice. \$300

**Chakra Reiki-** Learn to understand the Chakra system, how it relates to whom you are and why you do the things you do. Also, helps with an understanding and acceptance of others. \$100

[Reiki Interview on NBC](http://www.youtube.com/watch?v=YGYw5r0XfwQ&feature=related) ; <http://www.youtube.com/watch?v=YGYw5r0XfwQ&feature=related>